

Criteria 7.1.17

Number Of Activities Conducted For Promotion Of Universal Values (Truth, Righteous Conduct, Love, Non-Violence And Peace); National Values, Human Values, National Integration, Communal Harmony And Social Cohesion As Well As For Observance Of Fundamental Duties During The Last Five Years.

S.NO	DESCRIPTION	PAGE NUMBER
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2.	Summary Sheet	2
3.	Consolidated List With Reports	3




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JCT College of Engineering & Technology
Pichanur, Coimbatore-641105

Human Values and Professional Ethics

7.1.17 Number of activities conducted for promotion of universal values (Truth, Righteous conduct, Love, Non-Violence and peace); national values, human values, national integration, communal harmony and social cohesion as well as for observance of fundamental duties during the last five years. Provide year-wise list of activities and upload videos/photographs

S.NO.	Year	Title of the programme/Activity	Duration (from-to)	Number of participants	Metric
1	2018-19	REPUBLIC DAY CELEBRATIONS	26/01/2019	405	NATIONAL VALUES
2		PONGAL CELEBRATIONS	11/1/2019	1500	COMMUNAL HARMONY,SOCIAL COHESION
3		GAJA CYCLONE RELIEF ACTIVITY	23/11/2018	1550	HUMAN VALUES
4		INDEPENDENCE DAY CELEBRATION	15/08/2018	535	NATIONAL VALUES
5		INTERNATIONAL YOGA DAY CELEBRATION	21/06/2018	105	NATIONAL INTEGRATION
6	2017-18	REPUBLIC DAY CELEBRATIONS	26/01/2018	810	NATIONAL VALUES
7		WORLD FOOD DAY	14/10/2017	245	NATIONAL INTEGRATION
8		ONAM CELEBRATIONS	31/08/2017	1595	COMMUNAL HARMONY,SOCIAL COHESION
9		INDEPENDENCE DAY CELEBRATION	15/08/2017	905	NATIONAL VALUES
10		INTERNATIONAL YOGA DAY CELEBRATION	23/06/2017	115	NATIONAL INTEGRATION
11	2016-17	REPUBLIC DAY CELEBRATION	26/01/2017	670	NATIONAL VALUES
12		ONAM CELEBRATIONS	10/9/2016	1620	COMMUNAL HARMONY,SOCIAL COHESION
13		INDEPENDENCE DAY CELEBRATIONS	15/08/2016	515	NATIONAL VALUES
14	2015-16	REPUBLIC DAY CELEBRATION	26/01/2016	805	NATIONAL VALUES
15		CELEBRATION OF PONGAL FESTIVAL	13/01/2016	1230	COMMUNAL HARMONY,SOCIAL COHESION
16		INDEPENDENCE DAY CELEBRATIONS	15/08/2015	690	NATIONAL VALUES
17		YOGA DAY CELEBRATION	23/06/2015	105	NATIONAL INTEGRATION
18	2014-15	REPUBLIC DAY CELEBRATION	26/01/2015	700	NATIONAL VALUES
19		CELEBRATION OF PONGAL FESTIVAL	13/01/2015	820	COMMUNAL HARMONY,SOCIAL COHESION
20		INDEPENDENCE DAY CELEBRATIONS	15/08/2014	780	NATIONAL VALUES
21		A SEMINAR ON "YOGA FOR HUMAN EXCELLENCE"	27/06/2014	110	NATIONAL INTEGRATION



[Signature]
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Criteria 7.1.17

Number Of Activities Conducted For Promotion Of Universal Values (Truth, Righteous Conduct, Love, Non-Violence And Peace); National Values, Human Values, National Integration, Communal Harmony And Social Cohesion As Well As For Observance Of Fundamental Duties During The Last Five Years.

Provide Year-Wise List of Activities and Upload Videos/Photographs

S. No	Academic Year	Count
1	2018-2019	5
2	2017-2018	5
3	2016-2017	3
4	2015-2014	4
5	2014-2015	4
Total		21



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Pichanur, Coimbatore - 641105

Criteria 7.1.17

Number Of Activities Conducted For Promotion Of Universal Values (Truth, Righteous Conduct, Love, Non-Violence And Peace); National Values, Human Values, National Integration, Communal Harmony And Social Cohesion As Well As For Observance Of Fundamental Duties During The Last Five Years.

S.No	Name Of The Event	Metric	Page No.
1	Republic Day Celebrations	National Values	4
2	Pongal Celebrations	Communal Harmony, Social Cohesion	7
3	Gaja Cyclone Relief Activity	Human Values	10
4	Independence Day Celebration	National Values	13
5	International Yoga Day Celebration	National Integration	16
6	Republic Day Celebrations	National Values	19
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8	Onam Celebrations	Communal Harmony, Social Cohesion	25
9	Independence Day Celebration	National Values	28
10	International Yoga Day Celebration	National Integration	31
11	Republic Day Celebration	National Values	34
12	Onam Celebrations	Communal Harmony, Social Cohesion	37
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14	Republic Day Celebration	National Values	43
15	Celebration Of Pongal Festival	Communal Harmony, Social Cohesion	46
16	Independence Day Celebrations	National Values	49
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20	Independence Day Celebrations	National Values	61
21	A Seminar On "Yoga For Human Excellence"	National Integration	64



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**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



24/01/2019


JCTCET/circular/005

Circular

In view of Republic day celebration the flag hoisting ceremony will be held on 26.01.2019 at 8.30am in front of our administrative block.

All the faculty member, non-teaching staff and students are request to attend the function on without fail.




Principal

To
All concerned

Copy to:
The Hod & Staffs

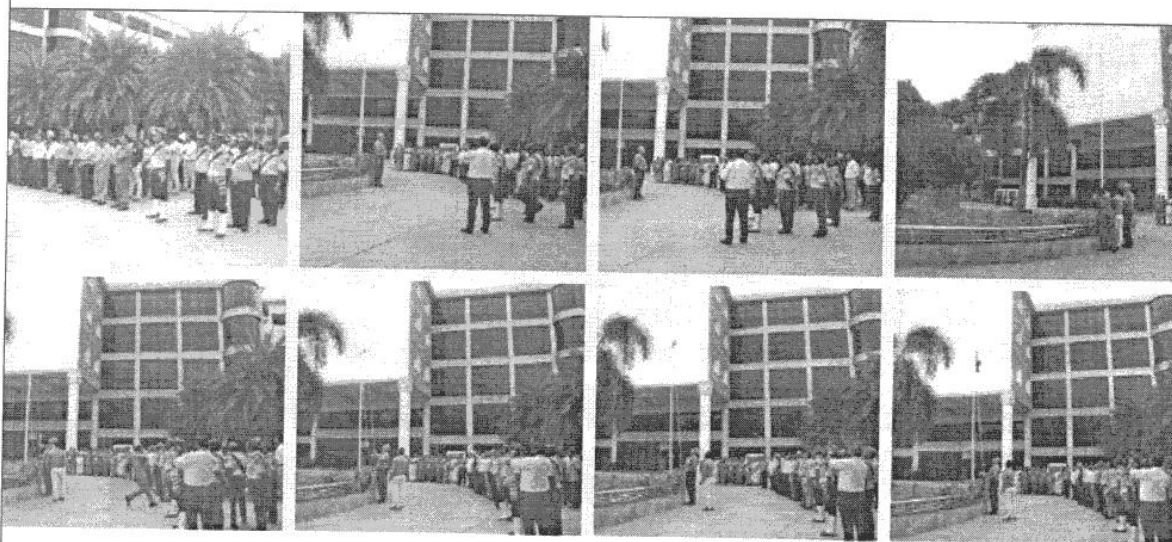
Name of the Activity: 70 th Republic Day Celebrations	
Date : 26 th January 2019	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Alexander	Number of Faculty Participants: 125
Number of Student Participants: 280	Awards/ Recognition/ Funds received(if
Participation from Local communities: Yes	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh ,Principal	

Republic Day celebrations: The 70th Republic Day celebrations was celebrated at the JCT College of Engineering and Technology premises on 26th January 2019. First, the security squad took part parade for hoisting National Flag. Then Dr.G.Ramesh, Principal hoisted the National Flag and spoke to the gathering about the sanctity of the occasion.

Also in his address, he applauded the work of the teaching fraternity, emphasizing the need to develop strong moral for achieving defined goals in the campus for the growth of the institution.

The officials of the Management, Director, Administrative Officer, Financial Officer, HR, Security officer along with his team were also participated in the celebrations along with Faculty and students of the Polytechnic. Finally Sweets were distributed to the gathering.

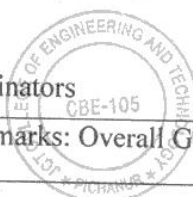
Issues Addressed: Motivation Speech



D.JoslinVijaya
Signature of Coordinators

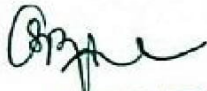
Dr.G.Ramesh
Signature of Principal

Feedbacks/ Positive, Negative Remarks: Overall Good



REPUBLIC DAY CELEBRATION PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105

JCT

**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



09.01.2019

JCTCET/circular/008

On account of Pongal festival, the celebration will be Held on 11.01.2019. All the faculty members are requested to be present to main discipline.


Principal



To
All concerned

Copy to:
The Hod & Staffs

Name of the Activity: Pongal Celebrations	
Date : 11 th January 2019	Duration: one day
Organizing Department/Clubs: College level	Faculty Coordinator: D.Ashok Kumar
Student Coordinators: Manikandan.S	Number of Faculty Participants: 150
Number of Student Participants: 1350	Awards/ Recognition/ Funds received(if
Participation from Local communities:-	

Resource Persons/ Dignitaries Profile: Dr.G.Ramesh, Principal

Pongal Celebrations: Pride and festive cheer marked the Pongal celebration held on 11th January 2019 at JCT College of Engineering and Technology, Pichanur. Students, faculty and officials turned cooks at college as they lit fire and cooked Pongal to usher in the harvest festival. Our students and staff celebrated Pongal in a traditional way by preparing 'Pongal' in mud pot with all religious traits and performed special Pooja.

All were dressed in dhoti and sari that completed the festive mood by creating the traditional atmosphere. The students danced to the tune of traditional beats and the campus was decorated with rangoli. The staff and student organized pot-breaking competition.

Issues Addressed: Traditional Events.

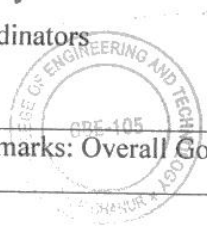
Photographs/ Newspaper cuttings:



D. Ashok Kumar
 Signature of Coordinators


[Signature]
 Signature of Principal

Feedbacks/ Positive, Negative Remarks: Overall Good



PONGAL CELEBRATION PHOTOGRAPHS




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**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**




16.10.2018

JCTCET/circular/071

Circular

For assisting GAJA Cyclone affected region the onam celebration will be cancelled. The fund be raised by Management and the students before 23.11.2018, to serve the affected peoples.





Principal

To

All concerned

Copy to:


The Hod & Staffs

Name of the Activity: Gaja Cyclone Relief Activity	
Date : 23.11.2018	Duration: Two days
Organizing Department/Clubs: College level	Faculty Coordinator: Dr.G.Magesh
Student Coordinators: Karthick.G	Number of Faculty Participants: 150
Number of Student Participants: 1400	Awards/ Recognition/ Funds received(if
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Students	
<p>Gaja Cyclone Relief Activity:A part of the Social Responsibility activities from the JCT College of Engineering and Technology to the society on 23.11.2018 The Management, Faculty and students of JCTCET has dispatched relief materials to GAJA cyclone victims of Tanjore and Nagapattinam District people.The relief material includes Bed sheets, Match Box, Candles, Rice, Wood Cutting machine, Water Bottles, Sanitary Napkins, Tarpaulins, Biscuits etc... Worth of Two lakhs.The students also mobilize Rs. 25,000/- towards relief as a cash. The bus with the twenty students volunteers are involve in the noble work.Day: 1 The JCT college of Engineering and Technology staff and students initiative towards the gaja cyclone relief activities at pervavurani village at Thanjavur district on 24th Nov 2018. The first day make the food and refreshment to gaja cyclone and victims. The first we covered in peravurani taluk and also our college donate the wood cutter machine to rattaivayal farmers towards the cleaning of the roads and also note books and bed sheets distributed in the village. Through this activities around 150 gaja cyclone victims in an around areas.Day: 2The second day we covered ThambikottaiMelakaddu, Maravakadu, vadakadu, Mahailankottai camps. We visited the camps and distributed the food packets, tarpaulin, bed sheets, water battles biscuits, note books, pen, candles, match box sanitary napkins and also our students involved in the cleaning activities around the villages. Totally 5 camps visited and distributed the materials to the 125 (300 Victims) families benefited through this relief activities</p>	
Issues Addressed: Noble work	
Photographs/ Newspaper cuttings:	
	
<p><i>Caru ay</i></p> <p>Signature of Coordinators</p>	<p><i>[Signature]</i></p> <p>Signature of Principal</p>
Feedbacks/ Positive, Negative Remarks: Overall Good.	



GAJA CYCLONE RELIEF ACTIVITIES PHOTOGRAPHS




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Pichanur, Coimbatore - 641105

13.08.2018


JCTCET/circular/064

Circular

Independence Day celebration will be held on 15th august 2018, Wednesday. The celebration will begin the flag hoisting ceremony at 8:30 am in front lawns of outside the principal office

All the faculty member, non-teaching staff and students are request to attend the function on without fail.



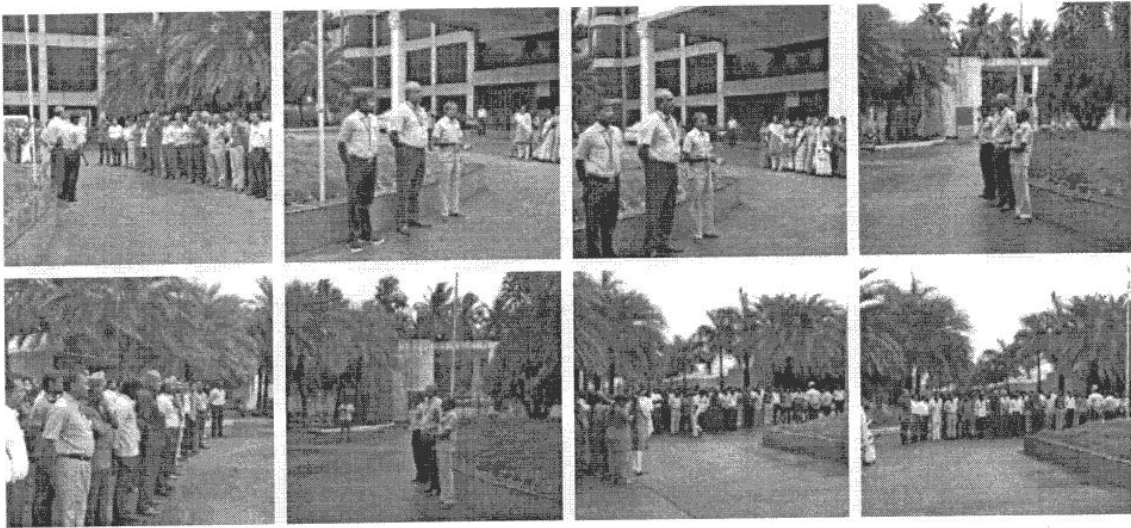

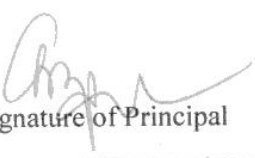

Principal

To

All concerned

Copy to:

The Hod & Staffs

Name of the Activity: 72nd Independence Day Celebration	
Date : 15/08/2018	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.Joslin Vijaya
Student Coordinators: Aneesh.N.A	Number of Faculty Participants: 145
Number of Student Participants: 390	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: Nil	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh, Principal	
<p>Independence Day Celebration: The 72nd Independence Day celebration was celebrated in our campus on 15/08/2018 at 8.30. Am. Dr.G.Ramesh Principal., hoisted the National Flag. Dr.R.Perumal, Professor and Head, Department of Petrochemical Engineering addressed the gathering. Mr.D.Joslin Vijaya Associate professor of Mechanical Engineering Department played the instrument of national anthem. All Head of the Departments, Administrative Officer, faculty and staff members are graced the 72nd Independence Day celebration.</p> <p>Dr.G.Ramesh Principal delivered valuable information for all the participants and explained about the satisfied with existing happiness around us and work for betterment of our nation. Finally the students and staffs sang the national anthem. Sweets were distributed to all participants.</p>	
Issues Addressed: Satisfy yourself with what you have at present.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



INDEPENDENCE DAY CELEBRATION PHOTOGRAPHS




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JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



19.06.2018

JCTCET/circular/038

Circular

In connection with the celebration of International day yoga 2018. The mass yoga demonstration will be held on 21.6.2018 in the seminar hall.

We cordially invite all faculty members, non-teaching staff are request to attend the function on without fail.

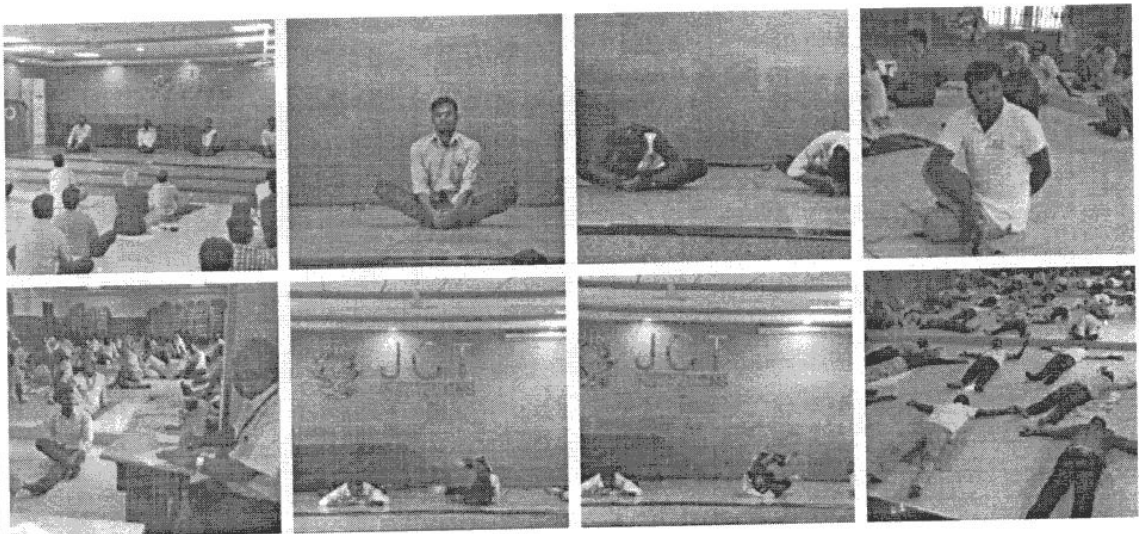
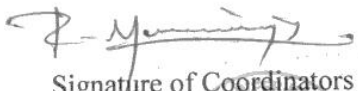

Note: participating in this celebration should wear white t-shirt carry




Principal

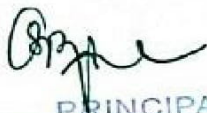
To
All concerned

Copy to:
The Hod & Staffs

Name of the Activity: International Yoga Day Celebration	
Date : 21.06.2018	Duration: ½ day
Organizing Department/Clubs: Mechanical Engg.	Faculty Coordinator: R.Malairaja
Student Coordinators: Nikhil Das	Number of Faculty Participants: 105
Number of Student Participants: -	Awards/ Recognition/ Funds received(if
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Thiru.S.Muthupandi	
<p>INTERNATIONAL YOGA DAY CELEBRATION</p> <p>The International Yoga Day was observed in JCT College of Engineering and Technology on Thursday, the 21st June 2018 Dr.G.Ramesh Principal of our college proceeded over the program. Thiru.S.Muthupandi, Yoga Instructor conducted and taught Yoga with demonstration to the faculty members. The following poses were demonstrated Tadasana (Mountain Pose),Vrikshasana(Tree Pose),AdhoMukhoSvanasana (Downward Facing Dog Pose),Trikonasana (Triangle Pose),Kursiasana(Chair Pose),Naukasana (Boat Pose),Bhujangasana (Cobra Pose).Along with the yoga poses instructor explained the health benefits. Theyoga class goes over for half dayThe faculty members were benefited through this event.</p>	
Issues Addressed: Health Benefits of Yoga.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	

INTERNATIONAL YOGA DAY CELEBRATION




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore-641105

24/01/2018

JCTCET/circular/005

Circular

In view of republic day celebration the flag hoisting ceremony will be held on 26.01.2018 at 8.30am in front of our administrative block.

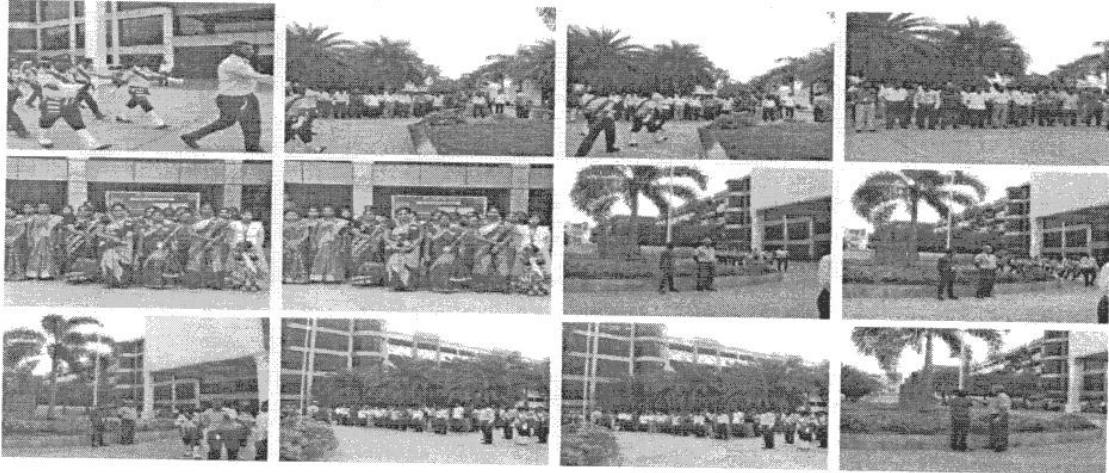

All the faculty member, non teaching staff and students are request to attend the function on without fail.




Principal

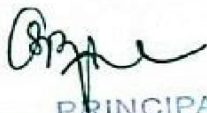
To
All concerned

Copy to:
The Hod & Staffs

Name of the Activity: 69 th Republic Day Celebrations.	
Date : 26 th January 2018	Duration: ½ day
Organizing Department/Clubs: Physical	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Alexander B S	Number of Faculty Participants: 130
Number of Student Participants: 680	Awards/ Recognition/ Funds received(if
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh, Principal	
<p>Republic Day Celebrations: The 69th Republic Day celebrations was celebrated at the JCT College of Engineering and Technology premises on 26th January 2018. First, the security squad took part parade for hoisting National Flag. Then Dr.G.Ramesh, Principal hoisted the National Flag and spoke to the gathering about the sanctity of the occasion. Also in his address, he applauded the work of the teaching fraternity, emphasizing the need to develop strong moral for achieving defined goals in the campus for the growth of the institution. Then the National Anthem was sung by the D.JoslinVijaya. The officials of the Management, Director, Administrative Officer, Financial Officer, HR, Security officer along with his team were also participated in the celebrations along with Faculty and students of the Polytechnic. Finally Sweets were distributed to the gathering.</p>	
Issues Addressed: Morality in life.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	

REPUBLIC DAY CELEBRATIONS PHOTOGRAPHS




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JCT College of Engineering & Technology
Pichanur, Coimbatore-641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



11.10.2017

JCTCET/circular/071

Circular

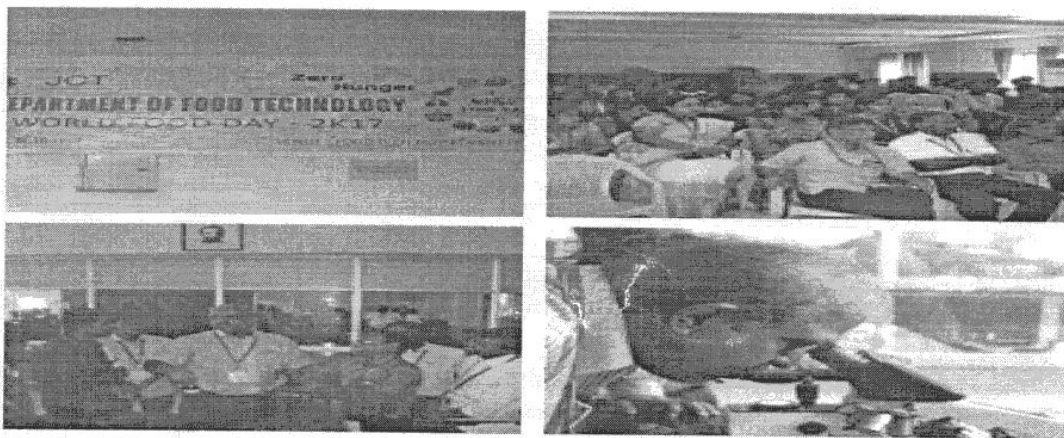

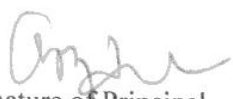
On 14th October, 2017 the world food will be celebrated with students to making it a memorable day of learning, creating, caring and sharing.




Principal


To
All concerned

Copy to:
The Hod & Staffs

Name of the Activity: World Food Day	
Date : 14/10/2017	Duration: ½ day
Organizing Department/Clubs: Food Technology	Faculty Coordinator: Ms. Esther Helen
Student Coordinators: Saranya M	Number of Faculty Participants: 45
Number of Student Participants: 200	Awards/ Recognition/ Funds received(if
Participation from Local communities:	
Resource Persons/ Dignitaries Profile: Dr. G. Ramesh, Principal	
<p>World Food Day Celebration: World Food Day was celebrated in the Department of Food Technology, JCT College of Engineering and Technology on 14, October, 2017. Welcome speech was given by the Head of the Department, Dr. R. Govindarajan about the theme of the programme "the future of migration – Invest in food security and rural development". Presidential address was delivered by the Honorable Principal, Dr. G. Ramesh who inspired the students with his motivational speech. Then it was preceded with the open house exhibition, where the students exhibited their own project models and also the food processing concepts. The programme also included the food waste awareness videos prepared by the students, technical events such as food quiz and non-technical events such as flame-less cooking and treasure hunt.</p>	
Issues Addressed: Food waste awareness	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	

WORLD FOOD DAY PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



27.08.2017

JCTCET/circular/071

Circular

On eve of Onam festival, the celebration will be held on 31.08.2017 (Monday) .All faculty members are asked to be present on that day. Faculties are requested to take on discipline throughout the function.





Principal

JCT College of Engineering and Technology
PICHANUR * 1990

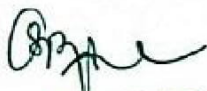
To
All concerned

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The Hod & Staffs

Name of the Activity: Onam Celebrations	
Date : 31/8/2017	Duration: one day
Organizing Department/Clubs: College level	Faculty Coordinator: Abrin Leo
Student Coordinators: 1500	Number of Faculty Participants: 95
Number of Student Participants: Binto C	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: Nil	
Resource Persons/ Dignitaries Profile: Dr. G.Ramesh,Principal	
<p>Onam Celebrations: The students of JCT College of Engineering and Technology celebrated Onam on 31st August 2017. The Principal Dr. G.Ramesh presided over the function. The programme was organized by the students of JCT College of Engineering and Technology. The event was celebrated by all the students, the teaching and non-teaching staff of the college. Students from different classes gathered together to make the event a grand success. In the true spirit of Onam, the students of JCT participated in decorating the place with Onampookkalam. The Students of Kerala dressed themselves in traditional attires while one student was dressed like the King Mahabali. In this function the students performed traditional cultural events like SingariMelam, Pookkalam, Classical dances etc., As a part of the celebration, and various contests were also held. The celebration came to an end with the distribution of the delicious OnamPalada to all the staff and students.</p>	
Issues Addressed: Onam festival.	
Photographs/ Newspaper cuttings:	
	
<p><i>[Signature]</i></p> <p>Signature of Coordinators</p>	<p><i>[Signature]</i></p> <p>Signature of Principal</p>
<p>Feedbacks/ Positive, Negative Remarks: Overall Good</p>	

ONAM CELEBRATIONS PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105

13.08.2017

JCTCET/circular/063

Circular

Independence Day celebration will be held on 15th august 2017, Wednesday. The celebration will begin the flag hoisting ceremony at 8:30 am in front lawns of outside the principal office

All the faculty member, non teaching staff and students are request to attend the function on without fail.

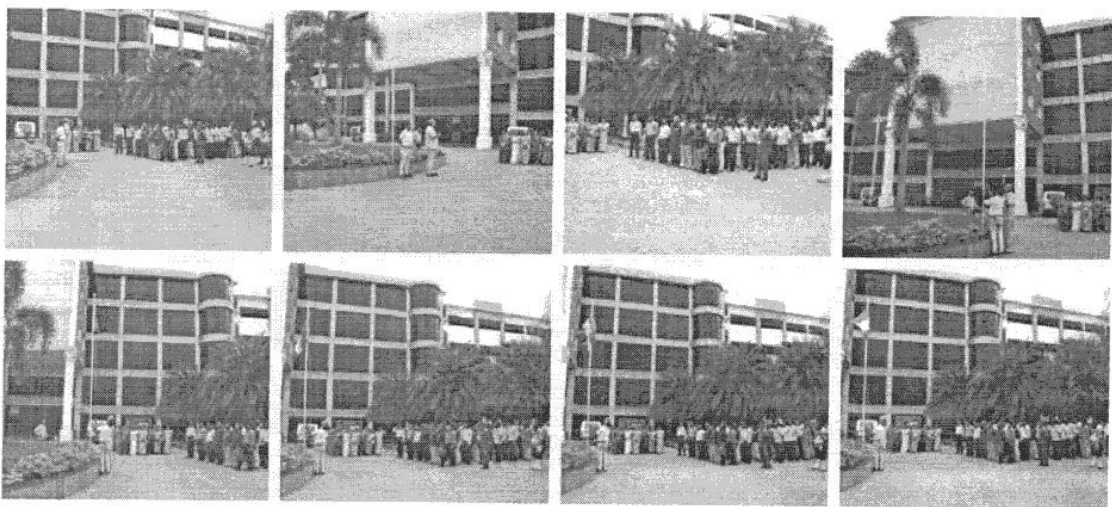


A handwritten signature in black ink, appearing to be "G. S. S.", written over the word "Principal".
Principal

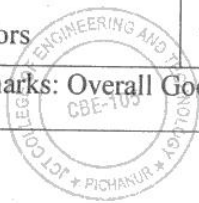
To

All concerned

Copy to:

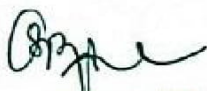
The Hod & Staffs

Name of the Activity: 71 st Independence Day Celebration	
Date : 15/08/2017	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Ananda Raj S	Number of Faculty Participants: 125
Number of Student Participants: 780	Awards/ Recognition/ Funds received(if
Participation from Local communities: NIL	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh Principal	
<p>Independence Day Celebration: The 71st Independence Day celebration was celebrated in our campus on 15/08/2017 at 8.30. Am. Dr.G.Ramesh Principal., hoisted the National Flag.</p> <p>Mr.D.JoslinVijaya Associate professor of Mechanical Engineering Department played the instrument of national anthem. All Head of the Departments, finance officer, faculty and staff members are graced the 71st Independence Day celebration. Dr.G.Ramesh Principal delivered valuable information for all the participants and explained about the satisfied with existing happiness around us and work for betterment of our nation. Finally the students and staffs sang the national anthem. Sweets were distributed to all participants.</p>	
Issues Addressed: Manage stress in Life and to work for betterment of our nation.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



INDEPENDENCE DAY CELEBRATION PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



21.06.2017

JCTCET/circular/038

Circular

In connection with the celebration of International day yoga 2017. The mass yoga demonstration will be held on 23.6.2017 in the seminar hall.

We cordially invite all faculty members, non teaching staff are request to attend the function on without fail.

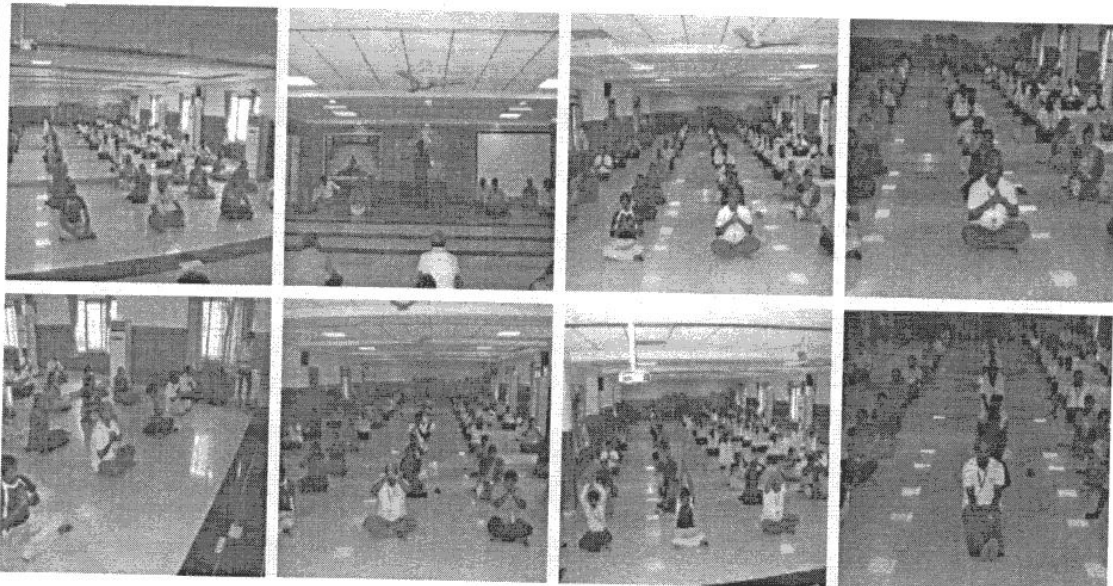


Note: participating in this celebration should wear white t-shirt carry




Principal

To
All concerned

Copy to:
The Hod & Staffs

Name of the Activity: International Yoga Day Celebration	
Date : 23.06.2017	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: K.Karthick
Student Coordinators: -	Number of Faculty Participants: 115
Number of Student Participants: -	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Thiru.Karuppuswamy co-ordinates of Sai Guru Trust.	
<p>International Yoga Day Celebration:The International Yoga Day was observed in JCT College of Engineering and Technology on Friday, the 23rd June 2017 Dr.G.Ramesh Principal of our college proceeded over the program. Thiru.Karuppuswamy and Thirumathi Steffi, the co-ordinates of Sai Guru Trust were conducted and taught Yoga with demonstration to the faculty members. The demonstration includes following yoga positions Downward Facing Dog, Plank, Triangle, Tree, Warrior1, Warrior2 and Seated Forward Bend. The practice class goes on for half day and they shared the health benefits of yoga, the faculty members were benefitted through this event.</p>	
Issues Addressed: Health Benefits of Yoga	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks	



INTERNATIONAL YOGA DAY CELEBRATION PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105

24.01.2017**JCTCET/circular/005****Circular**




In view of Republic day celebration the flag hoisting ceremony will be held on 26.01.2017 at 8.00am in front of our administrative block.

All the faculty member, non teaching staff and students are request to attend the function on without fail.


Principal

To
All concerned


Copy to:
The Hod & Staffs

Name of the Activity: Republic Day Celebrations	
Date : 26.01.2017	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Arasa Kumar M	Number of Faculty Participants: 120
Number of Student Participants: 550	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh, Principal	
<p>Republic Day Celebration: The 68th Republic Day celebration was celebrated in our campus on 26.01.2017at 8.30 AM, Dr.G.Ramesh, Principal, JCTCET hoisted the national flag Mr.D.Joslinvijaya, Associate professor of Mechanical Engineering Department played the instrument of national anthem. Dr.G.Ramesh, Principal, All Head of the Departments, Finance officer, Faculty and Staff members are graced the 68th Republic day celebration. Dr.G.Ramesh, Principal, JCTCET delivered valuable information for all the participants and explained about the freedom of our nation. Finally the students sang the national anthem. Sweets were distributed to all the participants.</p>	
Issues Addressed: Motivation speech to serve our nation.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



REPUBLIC DAY CELEBRATION PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105

JCT
College of Engineering and Technology

**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE – 641 105**



06.09.2016

JCTCET/circular/073

On account of Onam festival, the celebration will be held on 10.09.2016 (Monday) .All faculty members are asked to be present on that day. Faculties are requested to take on discipline throughout the function.

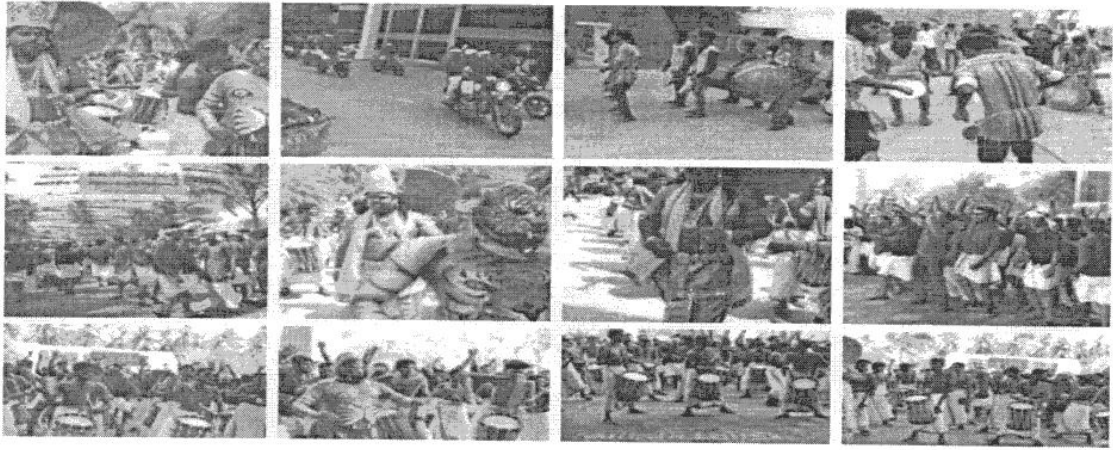


Principal

To
All concerned

Copy to:
The Hod& Staffs

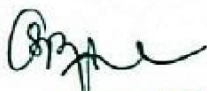
PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

Name of the Activity: Onam Celebration	
Date : 10.09.2016	Duration: One day
Organizing Department/Clubs: All Department	Faculty Coordinator: P.Sathish Kumar
Student Coordinators: Delvin Thomas	Number of Faculty Participants:140
Number of Student Participants: 1480	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr. G. Ramesh, Principal	
<p>Onam Celebration: The students of JCT College of Engineering and Technology celebrated Onam on 10th September 2016. The Principal Dr. G. Ramesh presided over the function. The College Secretary Shri. R. Durga Shankar and Trustee Thiru. O.M. Manivelu participated in the celebration. The function started with a Prayer and the lighting of Lamp by the Dignitaries. Ms. Shifana a final ECE student welcomed the gathering and Ms. Aswathy of III Computer Science Engineering gave an introduction about Onam. The programme was organized by the students of JCT. The event was celebrated by all the students, the teaching and non-teaching staff of the college. Students from different classes gathered together to make the event a grand success. In the true spirit of Onam, the students of JCT participated in decorating the place with Onampookkalam. The Students of Kerala dressed themselves in traditional attires while one student was dressed like the King Mahabali. In this function the students performed traditional cultural events like SingariMelam, Pookkolam, Classical dances etc., As a part of the celebration, various contests were also held. The celebration came to an end with the distribution of the delicious OnamPalada to all the staff and students.</p>	
Issues Addressed: Traditional Cultural Events	
Photographs/ Newspaper cuttings:	
	
Signature of Coordinators	Signature of Principal
Feedbacks/ Positive, Negative Remarks	



ONAM CELEBRATIONS PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105

13.08.2016**JCTCET/circular/063****Circular**

Independence Day celebration will be held on 15th august 2016, Tuesday. The celebration will begin the flag hoisting ceremony at 08.00 am in front lawns of outside the principal office

All the faculty member, non teaching staff and students are request to attend the function on without fail.

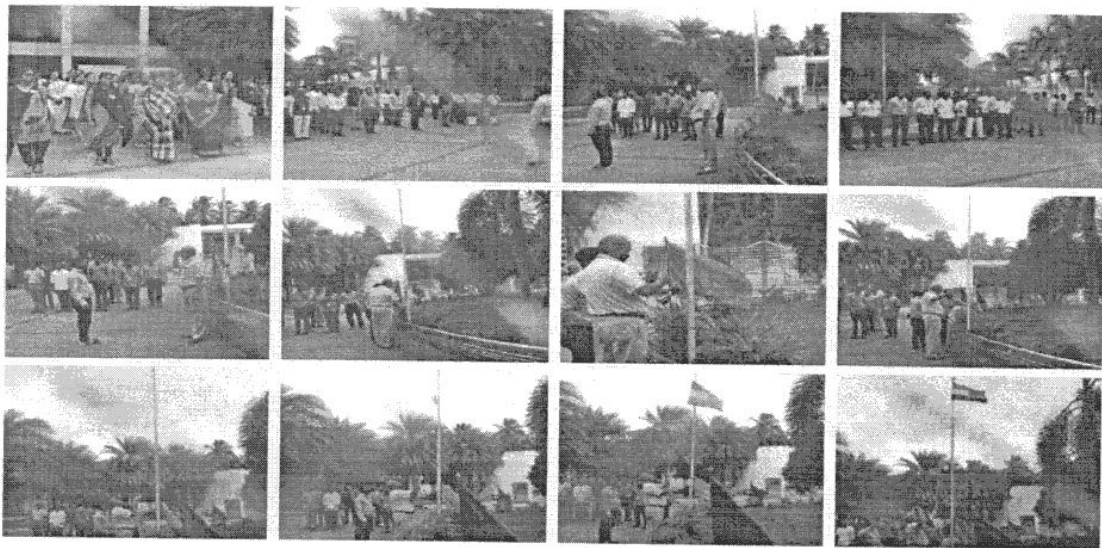



Principal

To

All concerned

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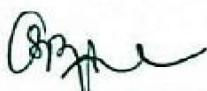
The Hod & Staffs

Name of the Activity: 70 th Independence Day Celebration	
Date : 15.08.2016	Duration: ½ day
Organizing Department/Clubs: All Department	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Anto. B. Thomas	Number of Faculty Participants:135
Number of Student Participants: 380	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh ,Principal	
<p>Independence Day Celebration:Our college celebrated Independence Day with great enthusiasm and proudness on 15th august. Every student contributed towards its preparations and celebration began with marching by NCC cards. For this program, the principal of our college Dr.G.Ramesh, hoisted the flag at central lawn at 9am .all the staff members and students saluted towards the flag. Then the cultural program began by reciting of poetic song and poem .Further it was flourished by various traditional dance forms and skits as the program was coming to enthusiasm in the college at last the principal delivered the speech vote of thanks he further informed the students about the sacrifices made by our soldiers for the sake of our freedom and safety. At last sweets were distributed among students and staff members.</p>	
Issues Addressed: Sacrifices made by our soldiers for the sake of our freedom.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



INDEPENDENCE DAY CELEBRATIONS PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



25.01.2016

JCTCET/circular/002

Circular

In view of republic day celebration the flag hoisting ceremony will be held on 26.01.2016 at 8.35am in front of our administrative block.

All the faculty member, non teaching staff and students are request to attend the function on without fail.



[Signature]
Principal
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

To
All concerned

Copy to:
The Hod & Staffs



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**

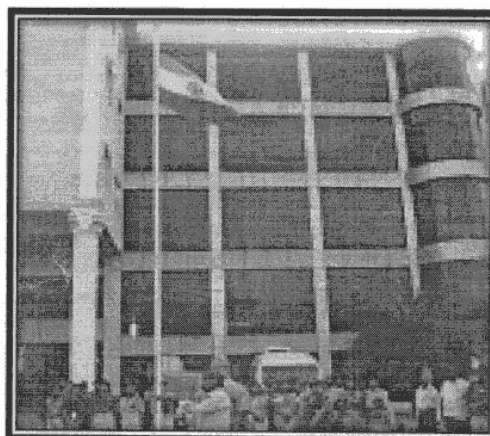



Name of the Activity: 67 th Republic Day Celebration	
Date : 26/1/16	Duration: one day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: J.Prabakar
Student Coordinators: BIJU.C	Number of Faculty Participants: 125
Number of Student Participants: 680	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: -	

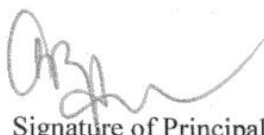
Republic Day Celebration: The students and staff of JCT College of Engineering and Technology celebrated Republic Day at 8:30 AM on 26th January 2016 in the College premises. Our Principal Dr. G. Ramesh Presided over the function and hoisted the National Flag. Our Trustee Thiru. O.M. Manivelu graced the occasion. All the Faculty members, administrative staff and our student's boys and girls also participated in this celebration. Our Principal delivered the Republic Day address and inculcated patriotism in the minds of the students and motivated them to contribute individually to build the nation in the future. The staff and students were provided with sweets and breakfast. The Republic Day was celebrated in a Successful Manner.

Issues Addressed: Motivation speech to build a strong nation.

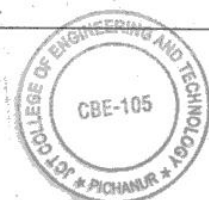
Photographs/ Newspaper cuttings:




Signature of Coordinators


Signature of Principal

Feedbacks/ Positive, Negative Remarks: Overall Good



PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

REPUBLIC DAY CELEBRATION PHOTOGRAPH




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore-641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



11.01.2016

JCTCET/circular/006

On account of Pongal festival, the Pongal celebration will held on 13.01.2016. From 14.01.2016 (Wednesday) to 17.01.2016 (Saturday) declared as holidays.




Principal

PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.



To
All concerned

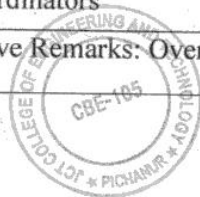
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**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



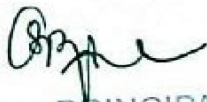
Name of the Activity: Celebration Of Pongal Festival	
Date : 13/1/16	Duration: one day
Organizing Department/Clubs: College level	Faculty Coordinator: Mr.G.Magesh
Student Coordinators: BIJU.C	Number of Faculty Participants: 130
Number of Student Participants: 1100	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh, Principal	
<p>Pongal Celebration:The students of JCT College of Engineering and Technology celebrated Pongal festival on 13th January 2016. Principal Dr.G.Ramesh presided over the function. Trustee Thiru. O.M. Manivelu, faculty members, admin staffs and students were presented during the celebration. The function started with a Prayer and the lighting of Lamp by the Dignitaries. The programme was organized by the students of JCT. All the Students are gathered together to make the event a grand success. In the true spirit of Pongal, the students of JCT participated in decorating the place with pookkolam. In this function the students performed traditional cultural events like rangoli, Uriyadi, Classical dances etc. The event was celebrated by all the students, the teaching and non-teaching staff of the college. Principal conveyed pongal wishes to all the staff and students.</p>	
Issues Addressed: Traditional Cultural Events.	
Photographs/ Newspaper cuttings:	
	
<p align="center"><i>Signature</i> Signature of Coordinators</p>	<p align="center"><i>Signature</i> Signature of Principal</p>
Feedbacks/ Positive, Negative Remarks: Overall Good	



PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

CELEBRATION OF PONGAL FESTIVAL PHOTOGRAPH




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore-641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



13.08.2015


JCTCET/circular/037

Circular

Independence Day celebration will be held on 15th august 2015, Saturday. The celebration will begin the flag hoisting ceremony at 08.15 am in front lawns of outside the principal office

All the faculty member, non teaching staff and students are request to attend the function on without fail.




Principal
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

To

All concerned

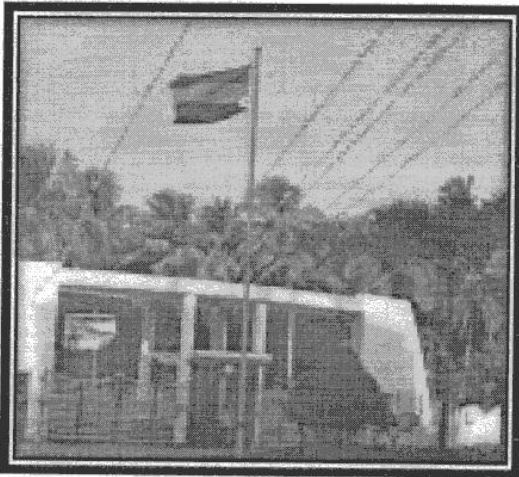
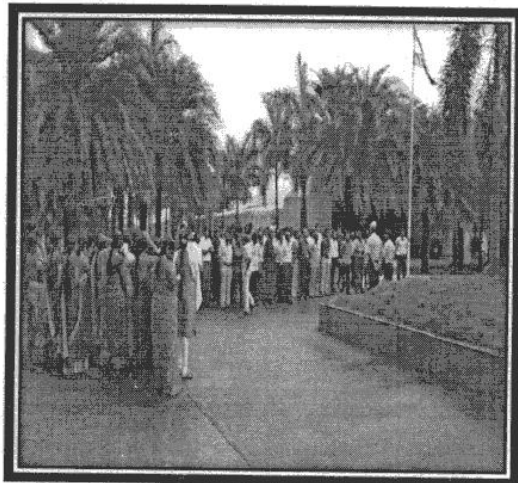
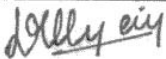
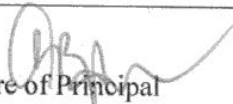
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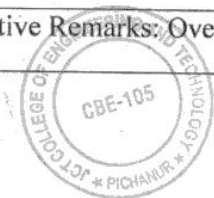
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JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105



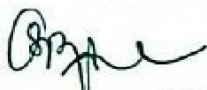
Name of the Activity: 69 th Independence Day Celebrations	
Date : 15/08/2015	Duration: one day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: Mr.D.Joslinvijaya
Student Coordinators: DINESH RAJ.S	Number of Faculty Participants: 110
Number of Student Participants: 580	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr.G.Ramesh Principal	
<p>Independence Day Celebrations: The 69th Independence Day celebration was celebrated in our campus on 15/08/2015 at 8.30. Am. Dr.G.Ramesh Principal JCT College of Engineering and Technology Engineering hoisted the national flag. Mr.D.Joslinvijaya Associate professor of Mechanical Engineering Department played the instrument of national anthem. Our student teachers presented handmade greeting card and three colour flag batches to senior management, Management conveys greeting of independence day top the faculty members and the students. Dr.G.Ramesh Principal JCT College of Engineering and Technology Engineering delivered valuable information for all the participants and explained about the freedom of our nation. Finally the students sang the national anthem. Sweets were distributed to all participants</p>	
Issues Addressed: Explained about the freedom of our nation.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

INDEPENDENCE DAY CELEBRATIONS PHOTOGRAPH




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore-641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



22.06.2015

JCTCET/circular/052

Circular

In connection with the celebration of International yoga day, the mass yoga demonstration will be held 9.30am on 23.6.2015 in the seminar hall.

We cordially invite all faculty members, non teaching staff are request to attend the function on without fail.

Note: participating in this celebration should wear white t-shirt.



To
All concerned

Principal

PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

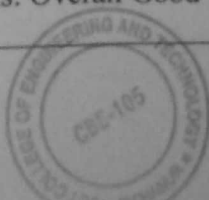
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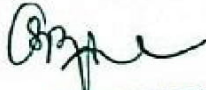


Name of the Activity: Yoga day Celebration	
Date : 23/6/15	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.Ashok Kumar
Student Coordinators: BIJU.C	Number of Faculty Participants: 105
Number of Student Participants: -	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: T.S Mohanraj ,Director of Yazh Yoga Foundation	
<p>Pathanjali Yoga Practices: The United Nations Organization has declared the 21st June 2015 to be observed as the first International Day of Yoga. In letter and spirit, 192 countries celebrated the first International Day of Yoga at their respective capitals. As true citizens of our Mother India, the family of JCT college of Engineering and Technology has also observed the International Yoga Day organized by the Department Of Mechanical Engineering at seminar hall of JCT on 23rd June 2015 from 10.30 am to 12.30 pm. All the teaching and non-teaching staff of JCT participated in the well-organized Yoga Day celebration. Shri. T.S Mohanraj MA., M.PEd, M.Phil, M.sc., Ph.D., Director of Yazh Yoga Foundation, Coimbatore has graced the occasion as chief guest and delivered a memorable speech on "Pathanjali Yoga Practices". Yoga comprises of mantharas and practicing of pranayama through five parts of our body. Chanting 'om' and practicing pathanjali yoga relieve one's mind from his stress and strain. It followed by the meditation, which increases concentration and delivers peace and harmony to mind and body. The activities of the Yoga-Day celebration ended with laughing therapy making every participant feel happy.</p>	
Issues Addressed: Motivation speech to build a strong nation.	
Photographs/ Newspaper cuttings:	
 Signature of Coordinators	 Signature of Principal PRINCIPAL
Feedbacks/ Positive, Negative Remarks: Overall Good	
JCT College of Engineering & Technology Pichanur, Coimbatore - 641105	



YOGA DAY CELEBRATION PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



23.01.2015

JCTCET/circular/012

Circular

In view of republic day celebration the flag hoisting ceremony will be held on 26.01.2015 at 8.35am in front of our administrative block.

All the faculty member, non teaching staff and students are request to attend the function on without fail.




Principal

Principal
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.

To

All concerned

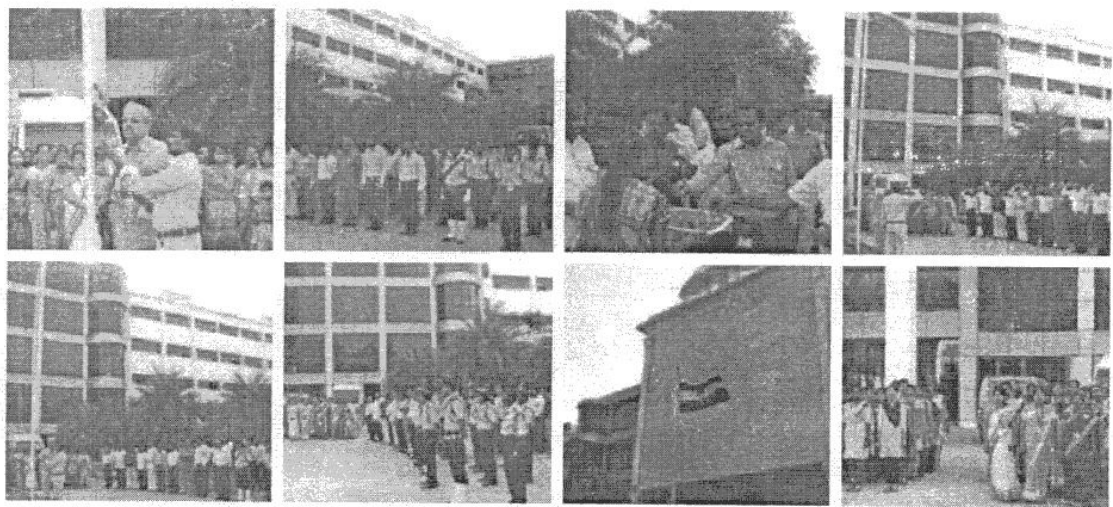

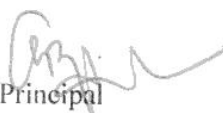
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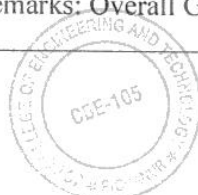
The Hod & Staffs



JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105



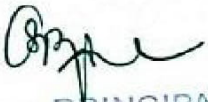
Name of the Activity: 66 th Republic Day Celebration	
Date : 26/1/2015	Duration: ½ day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: Aravinthasamy.A	Number of Faculty Participants: 120
Number of Student Participants: 580	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: Dr. G. Ramesh, Principal	
Republic Day Celebration: The students and staff of JCT College of Engineering and Technology celebrated Republic Day at 8:30 AM on 26th January 2015 in the College premises. Our Principal Dr. G. Ramesh Presided over the function and hoisted the National Flag. Our Trustee Thiru. O.M. Manivelu graced the occasion. All the Faculty members, administrative staff and our student's boys and girls also participated in this celebration. Our Principal delivered the Republic Day address and inculcated patriotism in the minds of the students and motivated them to contribute individually to build the nation in the future. The staff and students were provided with sweets and breakfast, the Republic Day was celebrated in a Successful Manner.	
Issues Addressed: Motivation speech how to contribute individually to build the nation in the future.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks: Overall Good	



JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105

REPUBLIC DAY CELEBRATION PHOTOGRAPH




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore-641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



11.01.2015

JCTCET/circular/008

On account of Pongal festival, the celebration will be on 13.01.2015. From 14.01.2015 (Tuesday) to 17.01.2015 (Saturday) declared as holidays.




Principal
JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105


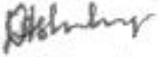
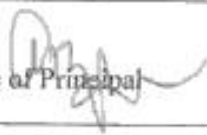
To
All concerned

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The Hod & Staffs



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



Name of the Activity: Celebration Of Pongal Festival	
Date : 13/1/2015	Duration: ½ day
Organizing Department/Clubs: College level	Faculty Coordinator: D.Ashok Kumar
Student Coordinators: C.Biju	Number of Faculty Participants: 120
Number of Student Participants: 700	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: -	
<p>Pongal Celebration: The students of JCT College of Engineering and Technology celebrated Pongal festival on 13th January 2015. Principal Dr. G. Ramesh presided over the function. Trustee Thiru. O.M. Manivelu, faculty members, admin staffs and students were presented during the celebration. The function started with a Prayer and the lighting of Lamp by the Dignitaries. The Program was organized by the students of JCT, All the Students are gathered together to make the event a grand success. In the true spirit of Pongal, the students of JCT participated in decorating the place with pookkolam. In this function the students performed traditional cultural events like rangoli, Uriyadi, Classical dances etc. The event was celebrated by all the students, the teaching and non-teaching staff of the college. Principal conveyed Pongal wishes to all the staff and students.</p>	
Issues Addressed: Traditional Cultural Events.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks	



PRINCIPAL
JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641105.

PONGAL FESTIVAL PHOTOGRAPHS




PRINCIPAL
JCT College of Engineering & Technology
Pichanur, Coimbatore - 641105



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



13.8.2014

JCTCET/circular/03

Circular


Independence Day celebration will be held on 15th august, Friday. The celebration will begin the flag hoisting ceremony at 08.15 am in front lawns of outside the principal office.

All the faculty member, non teaching staff and students are request to attend the function on without fail.



To
All concerned

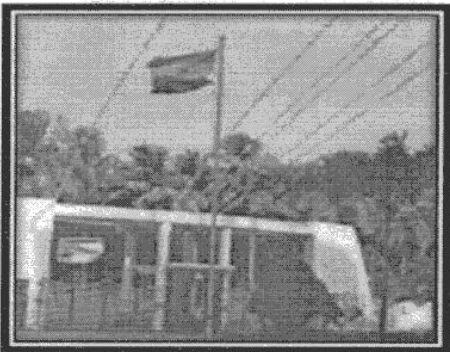


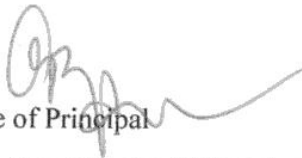
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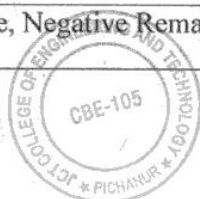

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JCT College of Engineering & Technology
PICHANUR, Coimbatore - 641 105.



**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



Name of the Activity: 68 th Independence Day Celebration	
Date : 15/08/2014	Duration: one day
Organizing Department/Clubs: Physical Education	Faculty Coordinator: D.JoslinVijaya
Student Coordinators: ARUN B.K	Number of Faculty Participants: 130
Number of Student Participants: 650	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	
Resource Persons/ Dignitaries Profile: -	
<p>Independence Day Celebration:The 68th Independence Day celebration was celebrated in our campus on 15/08/2014 at 8.30. Am. Dr.S.R. Rajabalayanan Head of Department of Mechanical Engineering hoisted the national flag. Mr.D. Joslinvijaya Associate professor of Mechanical Engineering Department played the instrument of national anthem. Next the students sang the flag song. Thiru.O.M.Manivelu,Trustee, Dr.G.Ramesh, Principal, All Head of the Departments, finance officer, faculty and staff members are graced the 68th independence day celebration. Dr.S.R. Rajabalayanan Head of Department of Mechanical Engineering delivered valuable information for all the participants and explained about the freedom of our nation. Finally the students sang the national anthem. Sweets were distributed to all participants</p>	
Issues Addressed: Explained about the freedom of our nation.	
Photographs/ Newspaper cuttings:	
	
 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks	



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INDEPENDENCE DAY PHOTOGRAPHS




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25.06.2014

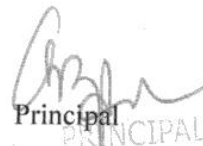
JCTCET/circular/032

Circular

In connection with the celebration of international day yoga 2014. The mass yoga demonstration will be held 8.00 am to 9.00am on 27.6.2014 in the seminar hall. We cordially invite all faculty members, non teaching staff are request to attend the function on without fail.

Note: participating in this celebration should wear white t-shirt carry.




Principal

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PICHANUR, Coimbatore - 641 105.

To

All concerned

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**JCT COLLEGE OF ENGINEERING AND TECHNOLOGY
PICHANUR, COIMBATORE - 641105**



Name of the Activity: A Seminar On "Yoga For Human Excellence"	
Date : 27.06.2014	Duration: ½ day
Organizing Department: Mechanical Engg.	Faculty Coordinator: Mr. G. Magesh
Student Coordinators: Ajo Jose	Number of Faculty Participants: 110
Number of Student Participants: -	Awards/ Recognition/ Funds received(if any)
Participation from Local communities: -	

Resource Persons/ Dignitaries Profile: Yoga trainers from Nandhi temple.

YOGA Program: A seminar on "Yoga for Human Excellence" was held in the seminar Hall of JCT College of Engineering and Technology at 3:00 P.M on 27.06.2014. Resource persons are Yoga trainers from Nandhi temple, Navakarai, Coimbatore. They have taught the importance of Physical health, mind and the soul of every human being and emphasized the practices to be carried out throughout our life in order to maintain human excellence. They have taught meditation, Kaya Kalpa, Self-Introspection and simplified exercises. The natural phenomena and principles of Earth, Water, Fire, Air and Sky – Panchabuthas were explained. The relation between the Panchabuthas and Five Indriyas (Body, Mouth, eye, nose, and ear) were explained. Method of self-introspection to control and safeguard our self from anger, Lust, Greediness, jealous and ego etc., was explained. The method of Agnai meditation and Kaya Kalpa were demonstrated. The participants were asked to practice on the spot. Pranayama, Muthuras and cleaning our inspiration and expiration systems were also taught. The program was very much useful to all the teaching faculty, Technical and administrative staffs.

Issues Addressed: Health benefits of Yoga.

Photographs/ Newspaper cuttings:



 Signature of Coordinators	 Signature of Principal
Feedbacks/ Positive, Negative Remarks	



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A SEMINAR ON “YOGA FOR HUMAN EXCELLENCE” PHOTOGRAPHS




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