

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs during the year &

3.4.4 Number of students participating in extension activities at 3.4.3. above during

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
75 th Independence Day Celebration	NSS/YRC/RRCC	Extension Activity	2022	250
Pledge against Drug Abuse	NSS/YRC/RRCC	Extension Activity	2022	265
Mega Vaccination Camp	NSS/YRC/RRCC	Extension Activity	2022	165
8 th International Yoga Day	NSS/YRC/RRCC	Extension Activity	2022	215
Blood Donation Camp	NSS/YRC/RRCC	Extension Activity	2022	200
Eye Checkup Camp	NSS/YRC/RRCC	Extension Activity	2022	560
Mega Vaccination Camp	NSS/YRC/RRCC	Extension Activity	2022	225
Road Safety Awareness Program	NSS/YRC/RRCC	Extension Activity	2022	132
Mega Health Camp	NSS/YRC/RRCC	Extension Activity	2022	623
Dengue Awareness Camp	NSS/YRC/RRCC	Extension Activity	2022	162
Awareness Program on Energy saving	The Institutions of Green Engineers	Extension Activity	2022	11
Awareness Program on Energy conservation and Sustainable Development	The Institutions of Green Engineers	Extension Activity	2021	17
Awareness Program on Energy conservation	JCTCET- IGEN Green Ensav Club	Extension Activity	2021	45
Conclave on Energy Conservation	JCTCET- IGEN Green Ensav Club	Extension Activity	2021	515





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NSS, YRC & RRC PROGRAM DETAILS
ACADEMIC YEAR 2021-2022

S.NO	PROGRAM	DATE
ACADEMIC YEAR 2021-2022		
1	75 th Independence Day Celebration	15.08.2022
2	Pledge against Drug Abuse	11.08.2022
3	Mega Vaccination Camp	09.07.2022
4	8 th International Yoga Day	21.06.2022
5	Blood Donation Camp	20.06.2022
6	Eye Checkup Camp	20.05.2022
7	Mega Vaccination Camp	25.02.2022
8	Road Safety Awareness Program	23.02.2022
9	Mega Health Camp	28.01.2022
10	Dengue Awareness Camp	06.01.2022

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Date: 06.08.2022

CIRCULAR

On the celebration of 75th Independence Day “சுதந்திரத் திருநாள் அமுதப் பெருவிழா” (AZADI KA AMRIT MAHOTSAV). In order to inculcate the national spirit in the minds of youth and to sensitize them with the ideals of unity and integrity of our great nation. It is announced that various events would be held on 12th August 2022, in association with National Service Scheme (NSS), Youth Red Cross (YRC), and Red Ribbon Club (RRC). We make sure that the event is a grand success, all the students and the volunteers are asked to participate and make this event as a meaningful one. Students those who are interested can enrol their names in the registration link given below.

The details of the program is given below

DATE: 12.08.2022-(Friday)

Events: Essay Competition, Painting Competition, Quiz Programme.

Registration Link: <https://forms.gle/5v642eMvEYnyfRNE9>

Coordinators: Mr.M.Sriram, (6382535311)
NSS Coordinator,
Assistant Professor/Physics

Mr.R.Srikumar, (9345552970)
YRC Coordinator,
Assistant Professor / Mathematics

Mr.V.Prakash, (9842513206)
RRC Coordinator,
Assistant Professor / Mechanical



S. S. S.
6/8/22
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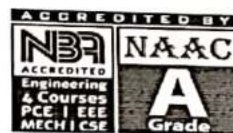
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75 Azadi Ka Amrit Mahotsav Celebration of 75th independence day



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IN ASSOCIATION WITH



ON 12 | AUG | 2022

EVENTS

10.00 AM TO 11.00 AM

11.45 AM TO 12.45 PM

ESSAY COMPETITION

PAINTING COMPETITION

JOIN THROUGH THIS LINK ON TIME

► <https://meet.google.com/obd-hjug-pdp> ◀

QUIZ PROGRAMME

02.00 PM TO 02.30 PM



Send your scanned documents to this mail

jctcetnssyrcrrc@gmail.com

/JCT Groups www.jct.ac.in **Apply Now | <https://applications.jct.ac.in/>**



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Name of the Activity: 75th Independence Day Celebration	
Date : 12.08.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Deepan Raj K & Giftson Moses G	Number of Faculty Participants: 12
Number of Student Participants: 250	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Description: <p>75TH Independence Day was celebrated in JCT College of Engineering and Technology on 12.08.22 at 10.00 am. NSS, YRC, and RRC organized the event. As a part of Independence Day celebration (“சுதந்திரத் திருநாள் அமுதப் பெருவிழா” -AZADI KA AMRIT MAHOTSAV) various competitions were conducted to the students. Our college principal Dr.S.Manoharan inaugurates the event and encourages the students. Prize distribution was given to the students those who are won in Essay, Quiz and Painting competition.</p>	
 Signature of Coordinator	 Signature of Principal
Feedback: The celebration was enhanced along with lot of competitions and prizes were awarded to the students.	



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Date: 11.08.2022

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) conduct the "PLEDGE AGAINST DRUG ABUSE" as per Government norms on 11.8 .22 at 12.15 pm all the Faculty members and students are ask to assemble in seminar hall.

DATE: 11.08.2022-(Thursday)

TIME: 12.15 pm


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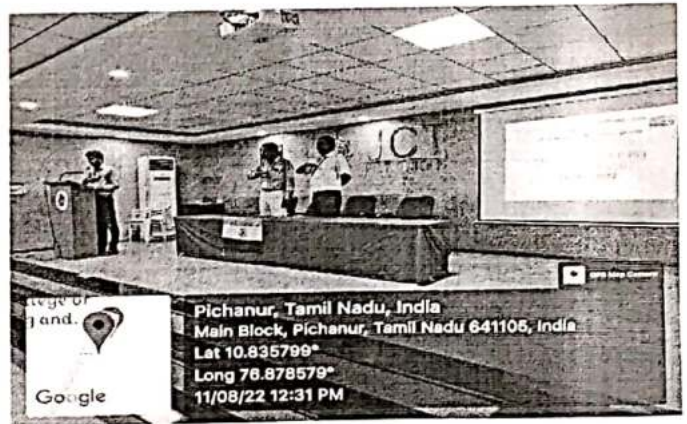


Name of the Activity: Pledge against Drug Abuse	
Date : 11.08.2022	Duration:2 Hours
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Keerthivasan, Aarthi	Number of Faculty Participants: 20
Number of Student Participants: 265	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events

Chief Guest, Designation: Village Administrative Officer – Pichanur.

Description :

The anti-drug awareness programme was held at JCT College of Engineering and Technology on 11.08.22 at 12.15 PM in accordance with the Government of Tamil Nadu's directives. NSS, YRC, and RRC collaborated on the event. The Village Administrative Officer – Pichanur presided the awareness programme and gave away some valuable information regarding drugs. He spoke about the challenges in health and humanitarian crisis due to drugs. In support of this issue, our students, professors, and staff members took the pledge.



[Handwritten Signature]
Signature of Coordinator

[Handwritten Signature]
Signature of Principal

Feedback: The anti-drug awareness programme gave us a knowledge regarding the effects will occur due to drugs.



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Date: 08.07.2022

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) organized "Mega Vaccination Camp" on July 09th 2022. All the students and faculty members are utilizing this opportunity to vaccinate themselves.

The details of the program is given below

DATE, DAY: 09.07.2022, Saturday

TIME: 11.00 am

VENUE: Seminar Hall - JCTCET.


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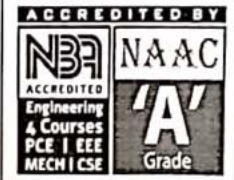
08.07.2022

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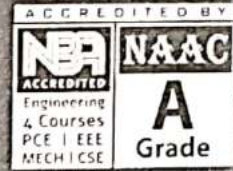
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COVID'19 MEGA VACCINATION CAMP

Organized by

JCT COLLEGE OF ENGINEERING
& TECHNOLOGY

&

PRIMARY HEALTH CENTRE,
T.N. PALAYAM



Venue
JCTCET

Time
11 AM

09
July

Associate with



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+91 9361488801

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Name of the Activity: Mega Vaccination Camp	
Date : 09.07.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Meiyarasu & Manju	Number of Faculty Participants: 15
Number of Student Participants:165	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Primary Health centre, Thirumalayampalayam.	

Description :

The Mega Vaccination Camp was organized by Jct College of Engineering and Technology and Primary Health Centre, Thirumalaiyampalayam, Coimbatore, on 09th July, 2022. The camp started at 11.00 am with the presence of doctors and other nurses. Our Principal, Dr.S.MANOHARAN welcomed the gathering with Administrative Officer. The main motive of conducting this camp is to make awareness to the people about the spreading and contagious Corona disease. All the Heads of various Departments, Faculty members, advisors and the Students from various batches were participated in the camp and get vaccinated. All the department students shown interest in the vaccination and turned up. About 180 people, including teachers, students and the general public benefited from the camp.



1. *[Signature]*
2. *[Signature]* 3. *[Signature]*
Signature of Coordinator

[Signature]
Signature of Principal

Feedback : Mega Vaccination camp offers the booster vaccine for everyone.



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**Cir No:** CIR/PRIN/06/2022/038**Date:** 14.06.2022**CIRCULAR**

The 8th International Yoga Day celebrations are ~~held~~ scheduled on 21st June (Tuesday). It has been tried and tested that practicing Yoga help in the development of stronger physical and mental will being.

In view of this, Our Institution has planned to conduct the theme entitled "**IMPORTANCE OF YOGA IN HUMAN LIFE**" in view of essay writing competition and for drawing competition the theme "**YOGA – THE ART & SCIENCE OF LIVING**" on 17th June 2022 for all students.

Winners of the competition will be given certificates on the occasion of 8th International Yoga Day.

Timings:

For Essay writing : 10.00 am – 11.00 am
For Drawing competition : 11.30 am – 12.30 pm

Venue:

Physics laboratory

Rules and Regulations:

- ✓ Students should be there on time.
- ✓ Students should wear the proper dress code.
- ✓ Students should bring the things needed for the respective competitions.
- ✓ Registrations will be closed on 16/06/2022. Hence all the students were asked to register their names on or before 3.00 pm.
- ✓ Those who are interested register their names to

Essay competition	Prof. M.Sriram, AP_Physics NSS coordinator Prof. T.Senthilprabhu, AP_Maths NSS coordinator
Drawing competition	Prof. V.Prakash, AP_Automobile RRC coordinator Prof. R.Srikumar, AP_Maths YRC coordinator

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- Dean- Academics & Research
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S. Senthilprabhu
14/6/22
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 **8th INTERNATIONAL YOGADAY CELEBRATIONS**


EVENTS 17th JUNE 2022 |  PHYSICS LAB


10.00 AM - 11.00 AM **ESSAY WRITING**
THEME : "IMPORATANCE OF YOGA IN HUMAN LIFE"

11.30 AM - 12.30 PM **DRAWING COMPETITION**
THEME : "YOGA - THE ART & SCIENCE OF LIVING"

Thiru.S.A.Subramanian Founder	Thiru.R.Arulselvan Chairman	Thiru.R.Durga Shankar Secretary	Dr.S.Manoharan Principal
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 **8th INTERNATIONAL YOGA DAY**

21st JUNE 2022 (TUESDAY)

TOPIC :
YOGA FOR HUMANITY

 10 AM ONWARDS |  JCT COLLEGE SEMINAR HALL

CHIEF GUEST



Dr.C.S.SHARMILA
ASST. PROF/MD
DR. SHARMILA IS AN EXPERT IN YOGA & MEDITATION

Thiru.S.A.Subramanian Founder	Thiru.R.Arulselvan Chairman	Thiru.R.Durga Shankar Secretary	Dr.S.Manoharan Principal
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Name of the Activity: 8th INTERNATIONAL YOGA DAY	
Date : 21.06.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Arun kumar R & Archana A	Number of Faculty Participants: 18
Number of Student Participants: 215	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Dr.J.S.Sharmila Asst.prof / MO/ JSS institute of Naturopathy – Navakkarai – Coimbatore	
Description: 8 th International Yoga Day was celebrated in JCT College of Engineering and Technology on 21.6.22.The programme was started by 10 am in JCT seminar hall. Welcome address was given by the student Chethana –ECE department and Mark Sandler-PCE department. Dr.J.S.Sharmila Asst.prof / MO (JSS institute of Naturopathy – Navakkarai – Coimbatore) was the chief guest of the programme. In her speech chief guest insisted about the importance of yoga -8 Limbs of yoga (Way of life). As a part of Yoga day celebration various competitions were conducted to students. Memento and prize distribution was given to the students who won in essay and drawing competition. Our principal Dr.S.Manoharan honor the chief guest and the trainers from J.S.S. Institute of Naturopathy, Finally principal thank the yoga team for their valuable time to share with our students in this special day.	
1. <i>[Signature]</i> 2. <i>[Signature]</i> 3: <i>[Signature]</i> Signature of Coordinator	<i>[Signature]</i> Signature of Principal
Feedback : Guest lecture given valuable information about Yoga in day to day life.	



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Cir No: CIR/PRIN/06/2022/036

Date: 08.06.2022

CIRCULAR

Our College NSS, YRC and RRC, in collaboration with **Shanthi Social Services, Coimbatore** is organizing **Blood donation camp on 3rd week of June 2022**. In this regard, the NSS, YRC and RRC would like to inform to All Students, Teaching Staff and Non – Teaching Staff to participate in this donation camp.

For further details, please contact,

1. Prof. T.Senthilprabhu, AP_Maths – NSS coordinator,
2. Prof. M.Sriram, AP_Physics – YRC coordinator,
3. Prof. R.Srikumar, AP_Maths – RRC coordinator,
4. Prof. Prakash, AP_Automobile – RRC coordinator.

Venue: JCT College Seminar Hall.

S. Senthilprabhu
8/6/22
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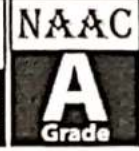
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IN ASSOCIATION WITH

SSS SHANTHI SOCIAL SERVICES

A REGISTERED PUBLIC CHARITABLE TRUST

BLOOD DONATION CAMP

20TH JUNE
2022

10 AM ONWARDS

JCT COLLEGE
SEMINAR HALL



Thiru.S.A.Subramanian
Founder

Thiru.R.Arulselvan
Chairman

Thiru.R.Durga Shankar
Secretary

Dr.S.Manoharan
Principal



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Name of the Activity: Blood Donation Camp	
Date : 20.06.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Nandha Gopal & Renuga Sri	Number of Faculty Participants: 17
Number of Student Participants: 200	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Shanthi Social Service (SSS)	

Description :

Our Institution has conducted a Blood Donation Camp on 20.06.2022. We organized this camp through NSS/YRC/RRC in associate with Shanthi Social Service (SSS). Totally 105 students and faculty members attended the camp and donated blood. The purpose of the program is to raise student awareness about the importance of blood donation.



R. Srinivasan
Signature of Coordinator

[Signature]
Signature of Principal

Feedback : Blood donation camp encouraged the energetic youth to donate blood.



Date: 13.05.2022

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) in association with Rotary club and eye foundation Coimbatore conducting "Eye checkup Camp" on May 20th 2022. All the students and faculty members are utilizing this opportunity.

The details of the program is given below

DATE: 20.05.2022(Friday)

TIME: 11.00 am

VENUE: Seminar hall - JCTCET

S. S. Srinivasan
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Name of the Activity: Eye checkup Camp	
Date : 20.05.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Keerthivasan, Vetriselvan.A	Number of Faculty Participants: 42
Number of Student Participants: 560	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events

Chief Guest, Designation : Rotary Club and Eye Foundation, Coimbatore

Description :

The Eye check up camp was organized by JCT College of Engineering and Technology in collaborated with Rotary Club and Eye Foundation, Coimbatore, on May 20, 2022 at 11.00 am. A group of eye specialists arrived to examine the students' and staff members' eyes. The group was welcomed by our principal, Dr. S. MANOHARAN, along with an administrative officer. The programme benefited the students by giving them the chance to learn more about many facets of eye care. For a thorough eye check of the faculty and students, the doctors provided well-equipped equipment. They also discussed with the students, ways to improve access to eye healthcare services and raise awareness of them. This event's goal was to educate students and staff members about eye disorders, how to spot them early, and how to check for refractive errors and other eye problems. The students also posed their own questions, which the eye doctors answered. Referral sheets were provided to those who had eye issues that required further medical care. For our students, the camp proved to be quite beneficial. The students' behaviour will alter as a result of this camp, and they'll start taking precautions to avoid issues with their eyes.



1. R. Suresh
2. H. M. Suresh 3. V. Prakash
Signature of Coordinator

Signature of Principal

Feedback : The Eye check up camp is useful to know the status of Eye sight.

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Date: 18.02.2022

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) organized " **Mega Vaccination Camp**" on February 25th 2022. All the students and faculty members are utilize this opportunity to vaccinations themselves.

The details of the program is given below

DATE, DAY: 25.02.2022, Friday

TIME: 11.00 am

VENUE: JCT College


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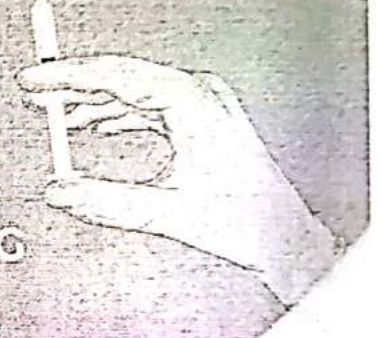


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MEGA VACCINATION CAMP



Organized by

JCT COLLEGE OF ENGINEERING & TECHNOLOGY

&

PRIMARY HEALTH CENTRE,
T.N PALAYAM

Venue
JCTCET

Time
11 AM

25
February

Associate with

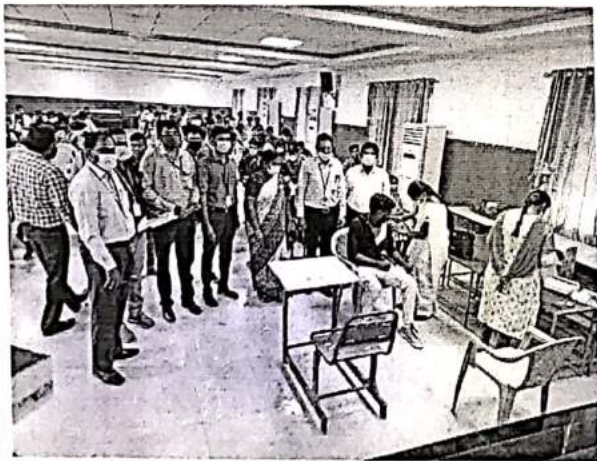




Name of the Activity: Mega vaccination Camp	
Date : 25.02.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Nandha Gopal & Renuga Sri	Number of Faculty Participants:35
Number of Student Participants: 225	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Primary Health Centre, T.N. Palayam, Coimbatore	

Description :

The Mega Vaccination Camp was organized by JCT College of Engineering and Technology and Primary Health Centre, T.N. Palayam, Coimbatore, on February 25, 2022. The camp started at 11.00 am with the presence of few doctors and other experts. The main motive of conducting this camp is to make awareness to the people about the spreading and contagious Corona disease. Our Principal, Dr.S.MANO HARAN welcomed the gathering with Administrative Officer. All the Heads of various Departments, Faculty members, Advisors and the Students from various batches were participated in the camp and get vaccinated. The highlight of this camp is to stop the spread of the contagious disease. This turned to be trend of attraction and interest to all students of our college. All the department students paved interest and came forward for vaccination. Not only students and staff members get vaccinated during the camp , but also few people from in and around the college have come and vaccinated. The camp ended by motivating all about the awareness to be created for this disease and respecting the ethics of the government thus celebrating the evening as a memorable event in a college.



[Handwritten Signature]
Signature of Coordinator

[Handwritten Signature]
Signature of Principal

Feedback : Mega vaccination camp made the students to get dosage (I & II) vaccine as they are in need.



Date: 16.02.22

CIRCULAR

It is here by informed that the Department of Automobile and Mechanical Engineering jointly with NSS, YRC and RRC organized a "ROAD SAFETY AWARENESS WEEK PROGRAM" on February 22nd, 2022. All the students and faculty members of Automobile and Mechanical Engineering, NSS, YRC and RRC volunteers are instructed to attend the event.

The details of the program is given below

DATE: 23.02.2022-(Wednesday)

TIME: 09.30 am

VENUE :JCT College, K G Chavadi bus stop ,Ettimadai bus stop, and Veerappanur

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PICHANUR, COIMBATORE - 641 105.

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ROAD SAFETY TIPS



DO NOT TEXT OR CALL WHILE DRIVING AND CROSSING THE STREET



DO NOT DRINK ALCOHOL IF YOU WILL DRIVE LATER



DO NOT DRIVE IF YOU ARE SLEEPY



ALWAYS WEAR YOUR SEATBELT



USE HELMET WHEN DRIVING OR RIDING MOTORCYCLES AND BICYCLES



MAINTAIN YOUR VEHICLE IN OPTIMUM PERFORMANCE

IN ASSOCIATE WITH :



NSS



YRC



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Name of the Activity: ROAD SAFETY AWARENESS WEEK PROGRAM	
Date : 23.02.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.V.Prakash. Mr.M.Sriram, Mr.R.Srikumar &
Student Coordinators: Deepan Raj, Esai priya.	Number of Faculty Participants: 10
Number of Student Participants:132	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Mr. J. Saravanan, Circle Sub Inspector of Police, K G Chavadi Police Station	

Description :

The Department of Automobile Engineering and Mechanical Engineering jointly with NSS,YRC and RRC organized a "ROAD SAFETY AWARENESS WEEK PROGRAM" on February 23rd, 2022 to make the public to understand about the importance of road safety and injuries due to road accidents. The Principal, Dr. S. Manoharan, spoke with the students about road safety rules and regulations at the beginning of the program and the event is carried outside of the college campus.Mr. J. Saravanan, Circle Sub Inspector of Police, K G Chavadi Police Station, flagged off the programme from K G Chavadi bus stop. The Rally gone through Ettimadai bus stop, Walayar Dam Road, and Veerappanur to give awareness about road safety to general public.Mr.A.Chinnarajan, Special Asst.Sub Inspector, and Mr.A.Satheesh, Head Constable, participated in the awareness campaign. During the program, the police officials conveyed the message of obeying traffic rules and wearing helmets to ensure safety measures while driving.During the program, the students were distributing pamphlets and chanting slogans. The students spread awareness about road safety and participated actively in the event.Dr.G.Rajivsureshkumar Vice Principal, Dr.K.Geetha Dean Academics, and faculty and student members from Automobile Engineering, Mechanical Engineering, NSS, and YRC volunteers took part in the programme.



U. Prakash.
Signature of Coordinator

Dr. S. Manoharan
Signature of Principal

Feedback: Students took an interest to made the society have an awareness about the road safety issuing pamphlets to the public.





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Date: 21.01.2022

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) in association with Government Medical College & Hospital, Coimbatore conducting a "Mega Health Camp" on January 28th 2022. All the volunteers are requested to attend the camp to make the effort a great success.

The details of the program is given below

DATE: 28.01.2022-(Friday)

TIME: 10.00 am

Place: Seminar hall, JCTCET.


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Name of the Activity: Mega health Camp	
Date : 28.01.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Tamil selvan., Rajesh.R	Number of Faculty Participants: 42
Number of Student Participants:623	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Govt. Medical College and Hospital, Coimbatore	

Description :

The Mega Health check up camp was organized by JCT College of Engineering and Technology in collaborated with Govt. Medical College and Hospital, Coimbatore, on January 28th 2022. Teams arrived at the venue at 10:00 am, and Dr. S. Manoharan, principal of JCT College of Engineering and Technology, welcomed them with a speech. Thanks to extensive advertising by NSS, YRC, and RRC volunteers, many villagers attended the camp. Additionally, they set up free blood pressure and blood sugar checks, which were very helpful to many villagers. Numerous people had general health examinations, and those who had dermatological and skin examinations benefited from them. Following the examinations, several individuals benefited from the team's free medication. The doctors recommended some of the patients for additional treatments at Coimbatore Government Hospital. The volunteers' passion to helping others and guidance of those in need are key factors in the success of this camp.



V. Prakash
Signature of Coordinator

S. Manoharan
Signature of Principal

Feedback : A general checkup during the mega health camp in the cost made the students & public use of it.



Date: 28.12.2021

CIRCULAR

It is here by informed that the National service scheme (NSS), Youth Red Cross (YRC), Red Ribbon Club (RRC) in association with Primary Health centre, Thirumalayampalayam, Coimbatore conducting a "Dengue awareness Camp" on January 6th 2022. All the volunteers are requested to attend the camp to make the effort a great success.

The details of the program is given below

DATE: 06.01.2022-(Thursday)

TIME: 10.30 am

Place: Pichanur & Vccrapanur Village.


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JCT INSTITUTIONS

Pichanur, Coimbatore - 641105



டெங்கு தடுப்பு முகாம்

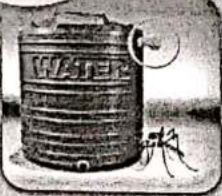


டெங்கு அறிகுறி இருந்தால் ?

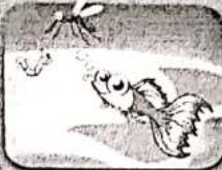
பாதிக்கப்பட்ட நோயாளிக்கு காலை மற்றும் மாலை இரு வேளைகளிலும் பப்பாளி இலை சாறு, மலைவேம்பு இலை சாறு, நிலவேம்பு குடிநீர் கசாயம் (கொதிக்கவைக்காமல்) வழங்கப்படவேண்டும்.

சித்தமருத்துவத்தில் பப்பாளிஇலை சாறு குடித்தால் ரத்த தட்டு அணுக்கள் அதிகரிக்கும். நிலவேம்பு குடிநீர் டெங்கு வைரசை அழித்து காய்ச்சலை குணப்படுத்தும்





தண்ணீரை சேகரிக்கும் பாத்திரத்தினால் நுளம்புகள் உட்பட வளர்மானம் பாத்திரத்தை மூடி வைப்போம்.



நுளம்புக் குடும்பிகளை உணவாகக் கொள்ளும் மீன்களை இடுவோம்.



உடனடி மூடும் படியான ஆடைகளை அணிவோம்.

- (4) சட்ட நடவடிக்கைகளை எடுத்தல்
- * நுளம்பு நெருக்கக் கூடிய சூழலை உலர்த்திக் கொள்ளும்படி கழுத்துத் தாக்கல் செய்தல்.
- (5) நுளம்பு கடித்தலுக்கு இலக்காகாமல் இருத்தல்
- * உடனடி நன்றாக மூடியுள்ள ஆடைகளை அணிதல் (முதுகைக் கட்டையும், நீண்ட கால் சட்டை போன்றவை)
 - * நுளம்பு வீரட்டக்கடியவைகளைப் பணித்தல் (புல் பண்ணை, கறா ஒரி முகக்கூடல்)
 - * பசும் காலமாக இருந்த போதிலும் பெருந்த பசை சந்திக்கவும் நோயாளிகளுக்கு நுளம்பு வகை இட்டு ஒய்வெடுக்கின்றதல்.

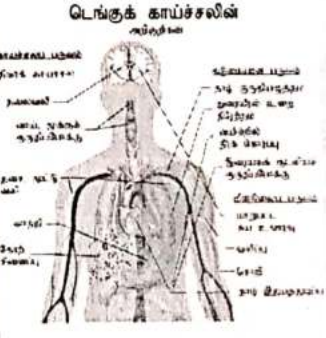
பெருந்தோண்டி ஒத்துக் கொள்ளுமாறு நிபந்தனைகளை முன்பாக அறிவித்துக் கொடுக்க வேண்டும். அறிவிப்புகள் மூலம் அனைத்து குடும்பங்களும் உலர்த்தும் முறைகளைக் கடைபிடித்துக் கொள்ள வேண்டும்.

பெருந்தோண்டி அறிவிப்புகள்

- * அதிகப்படியான காய்ச்சல்
- * தலைவலி
- * உடல் வலி
- * வாந்தி

பெருந்தோண்டி முறைகளை அனைத்து குடும்பங்களும் கடைபிடித்துக் கொள்ள வேண்டும். அறிவிப்புகள் மூலம் அனைத்து குடும்பங்களும் உலர்த்தும் முறைகளைக் கடைபிடித்துக் கொள்ள வேண்டும்.

சத்தமாவ குழிலும் சுகமாக வாழ்தலும்



பெருந்தோண்டி அறிவிப்புகள்

பெருந்தோண்டி முறைகளை அனைத்து குடும்பங்களும் கடைபிடித்துக் கொள்ள வேண்டும். அறிவிப்புகள் மூலம் அனைத்து குடும்பங்களும் உலர்த்தும் முறைகளைக் கடைபிடித்துக் கொள்ள வேண்டும்.

"இப்போதெல்லாம் எல்லோரும் பெருந்தோண்டி முறைகளை கடைபிடிக்கிறார்கள். உணவையில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது?"

"பெருந்தோண்டி முறைகளை கடைபிடிக்காமல் உணவையில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது?"

"இனி வரை நாம் எப்படி பெருந்தோண்டி முறைகளை கடைபிடிக்கிறோம்?"

பெருந்தோண்டி தவிர்ந்துக் கொள்ளக்கூடிய வழிகள்

- (1) பெருந்தோண்டி முறைகளை கடைபிடிக்காமல் உணவையில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது?
 - * நாளந்தம் வீட்டு மாடிகளை அடைக்க வேண்டும்.
 - * வீட்டில், மாடிகளில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது? முறைகளை கடைபிடிக்க வேண்டும்.
 - * மலர்ச்சி முறைகளை கடைபிடிக்க வேண்டும்.
 - * தின நேரம் இடைவெளி இடைவெளி இடைவெளி...
 - * கோடை காலங்களில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது? முறைகளை கடைபிடிக்க வேண்டும்.
 - * வாய்க்காலகளை அடைக்க வேண்டும்.
 - * தின நேரம் இடைவெளி இடைவெளி இடைவெளி...
 - * முறைகளை கடைபிடிக்க வேண்டும்.
- (2) பெருந்தோண்டி முறைகளை கடைபிடிக்காமல் உணவையில் பெருந்தோண்டி வளர்மானம் ஏன் ஏதாவது?
 - * அறிவிப்புகள் மூலம் அனைத்து குடும்பங்களும் உலர்த்தும் முறைகளைக் கடைபிடித்துக் கொள்ள வேண்டும்.
- (3) இரயணம் மற்றும் உயிரியல் முறைகள்...
 - * உயிரியல் முறைகளை கடைபிடிக்க வேண்டும்.
 - * இரயணம் முறைகளை கடைபிடிக்க வேண்டும்.

சரிபாட முறையில் வைப்புகளை அகற்றுவோம்

நன்றாக தேக்கி வைக்கும் பாத்திரங்கள் தாவரங்களை நன்றாக தேக்கி வைக்கும் முறைகளை கடைபிடிக்க வேண்டும்.



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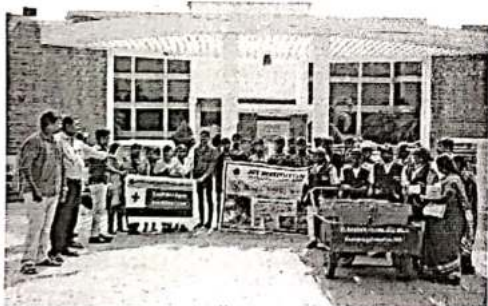
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Name of the Activity: Dengue Awareness Camp	
Date : 06.01.2022	Duration: 1 Day
NSS, YRC, RRC	Faculty Coordinator: Mr.M.Sriram, Mr.R.Srikumar & Mr.V.Prakash.
Student Coordinators: Gurram kaviya, Manju.M	Number of Faculty Participants: 15
Number of Student Participants: 162	Awards/ Recognition/ Funds received(if any) ** for conducting the activities/events
Chief Guest, Designation : Primary Health centre, Thirumalayampalayam.	

Description :

The Dengue Awareness Camp was organized by JCT College of Engineering and Technology in collaborated with Primary Health centre, Thirumalayampalayam, Coimbatore on January 06, 2022 at 10.30 am. A group of primary health centre staffs engaged the camp make the awareness about dengue. The group was welcomed by our principal, Dr. S. MANOHARAN, along with an administrative officer. This camp's primary goal was to effectively raise public awareness. We were provided with ample knowledge about this disease as well as its carrier. They learned about the factors that enhance dengue mosquito breeding. The repercussions of the same, how to prevent this mosquito from reproducing, what steps should be made, etc. The volunteers are instructed to spread information across the community and on the college campus. Various Health education programs were voluntarily managed by the members of the corporation. The localities received advice on how to maintain a neat and clean environment, properly manage waste, and stop water from stagnating in or around buildings. Both the use of mosquito coils and nets was encouraged. The students' performances in every activity showed the work they put forward.



R. Gurram
Signature of Coordinator

S. Manoharan
Signature of Principal

Feedback : This event create an awareness among the students and public about dengue fever and its effects.

